

Backcountry Meal Packing List

Breakfast

- [] Peak Refuel Biscuits & Gravy
- [] Peak Refuel Breakfast Skillet
- [] Instant oatmeal packets (optional backup)

Coffee + Morning Drinks

- [] Café Bustelo instant coffee packets
- [] Collapsible mug
- [] Jetboil or small camp stove
- [] Small bag of powdered creamer (if you take it)

Snacks

- [] Honey Stinger Nut + Seed Bars (Dark Chocolate Sea Salt, Blueberry Almond)
- [] Trail mix with nuts + dried fruit
- [] Electrolyte drink mix packets

Lunch / Midday Meals

- [] Tortillas + nut butter packets
- [] Cheese sticks or hard cheese
- [] Summer sausage or jerky

Dinner

- [] Peak Refuel Chicken Coconut Curry
- [] Peak Refuel Beef Stroganoff
- [] Seasoning packets (hot sauce, garlic powder, chili flakes)

Other Essentials

- [] Long-handled titanium spoon
- [] Small resealable trash bag for wrappers
- [] Wet wipes for cleanup